Appln. No. 10/719,245 Amendment dated March 9, 2006 Reply to Office Action mailed February 9, 2006

## Amendments to the Specification:

Please replace the (amended) paragraph beginning on page 5, line 22, with the following rewritten paragraph (deleted text being struck through and added text being underlined):

In an embodiment, the sheet of material 12 has a generally rectangular main portion 40 and an extension portion 42 for facilitating grasping of the sheet of material 12 while the main portion 40 remains positioned adjacent the support surface 4. The extension portion 42 has a rounded outer edge 44 to permit the main portion to be pulled at a distance from the main portion to inhibit the main portion impacting the foet of the user. At least one handle 52 is coupled to the extension portion 42. The handle 52A is aligned with a center 50 of the outer edge 44 of the extension portion 42. With or without the handle 52A, a pair of handles 52B may be integrally formed in the extension portion 42. The handles 52B are symmetrically aligned on opposite sides of the center 50 of the outer edge 44 of the extension portion 42.